U.S. Department of Labor Office of Labor-Management Standards & W Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

E TORON	
1. File Number U - 06353	2. Fiscal Year Covered From:
	1 / 1 / 2005 Through: [12 / 31 / 2005]
3. Name and address of person filing.	Name, file number, and address of labor organization.
Name Paul V Hogrogian	Name National Postal Mail Handlers Union
	Labor Organization File Number 000-505
P.O. Box, Bldg., Room No., if any Suite 1400	P.O. Box, Building and Room Number, if any Room 500
Street 401 Broadway	Street 1101 Connecticut Avenue, NW
City New York	City Washington
State New York ZIP Code + 4 10013	State District of Columbia ZIP Code + 4 20036-4304
5. Position in labor organization. National Vice President	
Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions): A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of	
monetary value from an employer whose employees your organizat 6. Name and address of Employer (including trade name, if any).	ion represents or is actively seeking to represent. 7.a. Nature of Interest, Transaction, or Income.
Name . , ,	
Trade Name, if any:	
P.O. Box, Bldg., Room No., if any	7 h America
Street	7.b. Amount.
City	
State ZIP Code + 4	
Signature	
15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)	
Signed Signed	on <u>6-2-3-006</u> <u>313-431-0040</u>
1	Date Telephone Number

Name of Person Filing Paul Hogrogian	File Number U- 06353	
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.		
8. Name and address of Business (including trade name, if any). Name First Health Trade Name, if any: P.O. Box, Bldg., Room No., if any Street 3200 Highland Avenue City Downers Grove	9. Business deals with: a. Labor Organization b. Trust c. Employer	
State Illinois ZIP Code + 4 60515		
10. If 9.b. or 9.c. is checked give trust or employer's name.	11.a. Nature of such dealing. First Health underwrites and administers the union	
Name Trade Name, if any: P.O. Box, Bldg., Room No., if any	health underwrites and administers the union health plan	
Street	11.b. Approximate dollar value of such dealing.	
State ZIP Code + 4	12.a. Nature of interest held or income received. SEE ATTACHED	
	12.b. Amount. \$515]	
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.		
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a, Nature of payment.	
Name		
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any Street City		
State ZIP Code + 4		
13.b. Is the Business an Employer or Consultant?	14.b. Amount of payment.	

Paul Hogrogian LM-30 Attachment

Vallone Wake (February 3, 2005): Dinner (Self & Spouse) (approx. \$50 each)

Local 320 Training/General Membership Meeting (March 4-5, 2005): 2 Dinners (Self) (approx. \$50 each)

Committee on the Future (April 1, 2005): Lunch/Refreshments (Self) (approx. \$25)

Local 301 Event (June 16-17, 2005): Refreshments (Self) (approx. \$10) Lunch/Refreshments (approx. \$20)

Committee on the Future (August 4, 2005): Lunch (Self & Spouse) (approx. \$15 each)

Open Season Seminar (October 5-8, 2005):

2 Buffet Breakfasts (Self & Spouse) (approx. \$15 each)

1 Lunch/Refreshments (Self & Spouse) (approx. \$25 each)

1 Buffet Lunch (Self & Spouse) (approx. \$20 each)

1 Box Lunch (Self & Spouse) (approx. \$10 each)

2 Buffet Dinners (Self & Spouse) (approx. \$45 each)